



SANDHYA FOUNDATION

“Serving Humanity with Heart.”

Profile

2025-2026



About Us

“Serving Humanity with Heart.”

Sandhya Foundation is a non-governmental organization (NGO) committed to uplifting and empowering underprivileged communities across multiple regions in India. We are currently active in Delhi NCR, Jharkhand, Bihar, West Bengal, Odisha, Chhattisgarh, Madhya Pradesh, and Andhra Pradesh.

Our mission is to drive positive social change and build a brighter, more inclusive future for those in need. We focus on providing education to economically disadvantaged students and addressing critical issues such as poverty alleviation, human rights, healthcare access, women empowerment, environmental conservation, and the welfare of animals and birds.



Empowering Communities, Changing Futures



Every Donation Count Every Heart Matters





Education for Poor Students

Education for Poor Students:

We believe that education is the foundation for a better tomorrow. Unfortunately, many talented and deserving students from economically disadvantaged backgrounds are unable to access quality education. At Intimacy Foundation, we strive to bridge this gap by providing financial support, scholarships, and educational resources to these students. We believe that every child deserves an equal opportunity to succeed and realize their full potential.





Women Empowerment

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Ayurveda and Naturopathy Treatment:

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Health and well-being are fundamental rights of every individual. At Intimacy Foundation we promote the ancient Indian sciences of Ayurveda and naturopathy as effective and holistic approaches to healthcare. We provide access to affordable and quality Ayurvedic and naturopathic treatments to individuals who cannot afford conventional medical care. Our skilled practitioners offer personalized consultations, herbal remedies, and natural therapies to restore balance and promote overall wellness.





Animals and Birds Welfare:

Animals and Birds Welfare:

Our commitment extends beyond human well-being to the welfare of animals and birds. We firmly believe in the interconnectedness of all living beings and strive to create a harmonious coexistence between humans and the animal kingdom. We actively rescue and rehabilitate injured animals and birds, providing them with necessary medical care, shelter, and nourishment. Once they have recovered, we ensure their safe release back into their natural habitats. Through awareness campaigns and educational programs, we also advocate for animal rights and promote responsible pet ownership.

Join Us:

At Sandhya Foundation, we welcome individuals who share our vision and are positively passionate about making a difference. Whether you want to volunteer your time, contribute financially, or collaborate on initiatives, there are various ways you can get involved and support our cause. Together, we can create a society that is inclusive, compassionate, and sustainable.

Join us on this journey of transforming lives, empowering communities, and nurturing a better world for all.

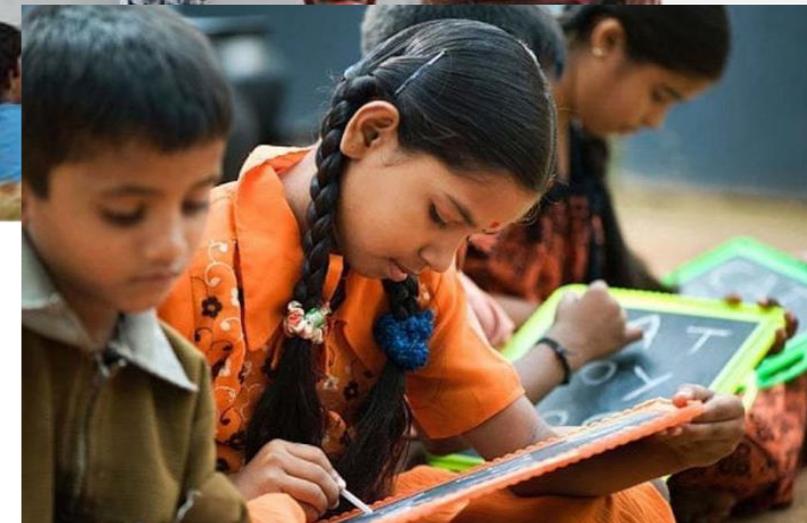


NEED



GURUKUL BASED EDUCATION

The gurukul-based education system fosters a holistic approach to education by recognizing the interconnectedness of different disciplines. It encompasses not only academic subjects but also arts, sports, yoga, meditation, and spiritual teachings. This multidimensional education nurtures well-rounded individuals who are not only knowledgeable but also emotionally balanced, creative, and spiritually aware. By infusing Intimacy Foundation, students can learn to apply their knowledge and skills for the greater good, helping to build a compassionate and inclusive society.





Advantages of 'Gurukul'

Here are some advantages of 'gurukul' over other schools which denote how your child would be benefited by studying here:-

- The students of gurukul are more disciplined and organized. They are taught to follow a well planned schedule in school.
- The students are more focused and possess more concentration power than normal students. This is because they are trained through techniques such as meditation which enhances their focusing power.
- In a gurukul, students are taught to respect everyone irrespective of their caste, creed, ethnicity, culture, religion and perspective. So, such students grow up as people with strong character and values.





Our Perspective

- **Sandhya Foundation** is fully dedicated to the upliftment and holistic development of underprivileged children. We have established Gurukuls where nearly **25 committed teachers** are educating **over 300 students completely free of cost**.
- Along with quality education, we provide **nutritious and healthy meals** and actively engage students in **sports, cultural programs, spiritual learning, and various developmental activities**. Our Gurukuls focus on nurturing not only academic excellence but also strong values, discipline, and life skills.
- In addition, we are empowering students through **skill-based training**, including learning traditional crafts such as **weaving and garment production using Hathkargha machines**. These initiatives help build self-reliance and practical knowledge for a better future.
- The progress and performance of our students have been **truly remarkable—far exceeding our expectations**. Their growth stands as a testament to the impact of compassion, guidance, and opportunity when provided with care and dedication.

Our Vision

At **Sandhya Foundation**, our vision is to create a nurturing and inclusive environment where students can grow and develop in every dimension—**intellectual, physical, moral, and spiritual**. We strive to instill **self-discipline, strong values, and an ethical approach** to all aspects of life.

We are committed to providing **equal and meaningful learning opportunities**, especially for **girls from rural and underserved communities** who may otherwise be deprived of quality education. Our goal is to ensure that every student is empowered to realize his or her full potential and grow into an **active, confident, compassionate, responsible, and ethical member of society**, capable of standing **at par with the best in the world**.

We aim to inspire and nurture young minds through a **collaborative and holistic learning environment** that focuses on the balanced development of **mind, body, and soul**. Our approach integrates **academics, sports, music, arts, technology, traditional knowledge, ancient learning techniques, and spiritual practices**, preparing students for a meaningful and purpose-driven life.



Our Teaching Pattern



Apart from basic education, students are also learning spiritual education.





Our Teaching Pattern

At **Sandhya Foundation**, students are encouraged to **respect every individual**, regardless of caste, creed, ethnicity, religion, or viewpoint. This inclusive upbringing helps them grow into individuals with **strong character, moral values, and social awareness**.

Along with formal education, students also receive **spiritual learning** that supports inner growth and ethical living. To promote self-reliance and traditional skills, students are trained in **handloom weaving** and garment making. They learn to convert handwoven fabric into a variety of clothing items such as **salwar suits, kurta–pajamas, blouses, shirts, pants, frocks, and palazzos**.

Students also develop creativity through **handicraft training**, including the making of **handbags, handmade fans, embroidery work**, and other craft items.

In addition, they are taught traditional **pottery and clay art**, creating items such as **earthen pots, diyas, kullads, matkas, bird feeders, and clay cups**.

We place strong emphasis on **organic and natural farming practices**. Students actively participate in growing **vegetables, fruits, and grains** using traditional farming methods. We avoid the use of tractors, hybrid seeds, and chemical pesticides, and instead promote **ox-driven farming and natural fertilizers**, preserving age-old agricultural wisdom.

Students are also educated on the **importance and sustainable use of cow dung**, learning to create **eco-friendly products such as fuel logs, sticks, and diyas**, reinforcing environmental responsibility and traditional knowledge.



Our Activities

Yoga & Meditation Centre Classes

Yoga and mindfulness have been shown to improve both physical and mental health in school-age children. Yoga improves balance, strength, endurance, and aerobic capacity in children. Yoga and mindfulness offer psychological benefits for children as well.

Sport Activities

Playing a sport is a great way for children to take a break from academics and release the pent-up energy. It also helps them lead fuller and happier lives as regular sports and fitness activities have proven to provide not only physical benefits but also social and psychological benefits to children.





Our Activities

Free Healthy Meals to Every Students

We provide healthy organic food to every student for their good sharp healthy mind. We want that our students always avoid meals in their diets so we try to tell those benefits of healthy food.

Time to time free Books & Stationary

We provide healthy organic food to every student for their sharp healthy mind. We want that our students always avoid harmful meals in their diets so we try to tell those benefits of healthy food.





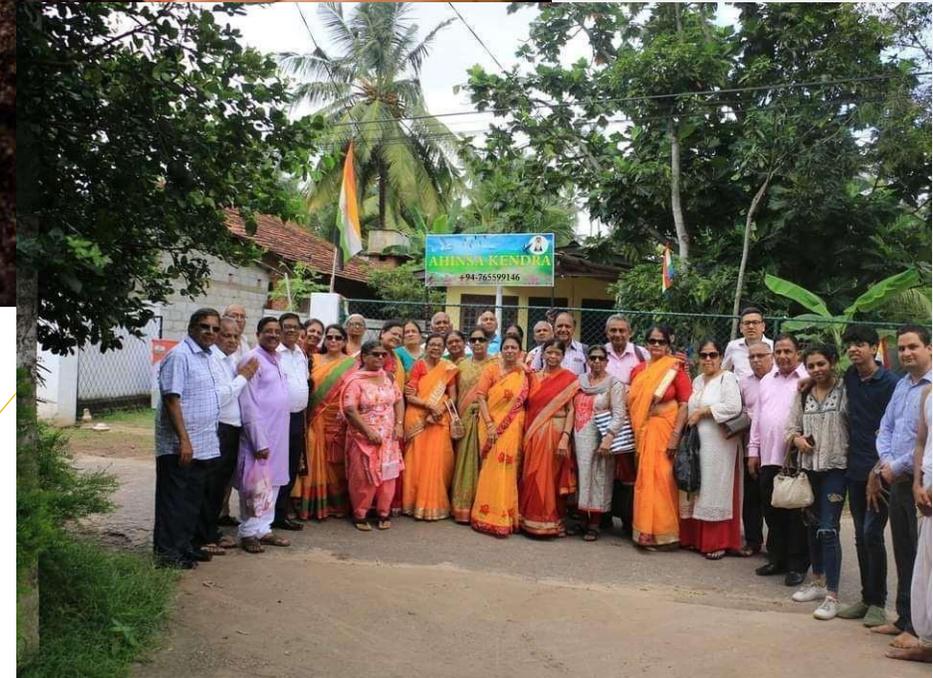
Women Empowerment

We are dedicated for promoting women's empowerment and gender equality. We believe that women play a critical role in society, and that empowering them is essential to creating a more just and equitable world.

Through our women's empowerment we provide women with education, skills training, and employment opportunities. We also work to raise awareness about the importance of gender equality and advocate for policies and laws that protect women's rights and ensure their full participation in society.



OUR UPCOMING PROJECTS





Thank You.



SANDHYA FOUNDATION



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